
EUROPEAN YOUTH GOALS

A COLLECTION OF
EXEMPLARY
ERASMUS PLUS AND
ESC PROJECTS



Erasmus+



EUROPEAN
SOLIDARITY
CORPS



Joint

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THE FOLLOWING COLLECTION OF EXEMPLARY ERASMUS PLUS AND ESC FUNDED PROJECTS HAS BEEN DEVELOPED BY ASSOCIAZIONE JOINT DURING 2022. THIS TOOL AIMS AT PROVIDING ORGANISATIONS AND YOUTH WORKERS WORKING WITH THE ERASMUS PLUS PROGRAMME IN THE FIELD OF YOUTH OR WITH THE EUROPEAN SOLIDARITY CORPS PROGRAMME WITH A TOOL TO ORIENTATE THEMSELVES WHEN DEALING WITH THE 11 EUROPEAN YOUTH GOALS, WHILE PLANNING AND/OR IMPLEMENTING A PROJECT.

THE LISTED PROJECTS CAN BE CONSIDERED, FROM OUR POINT OF VIEW, BEST PRACTICES IN THEIR OWN FIELD AND, THEREFORE, COULD BE OF INSPIRATION TO OTHER ORGANISATIONS.

THE COLLECTION HAS BEEN STRUCTURED ACCORDING TO THE 11 YOUTH GOALS AND CONTAINS 21 PROJECTS, BOTH DEVELOPED BY ASSOCIAZIONE JOINT AND BY OTHER ORGANISATIONS ALLOVER EUROPE.

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GOAL 1:

**CONNECTING
EU WITH
YOUTH**

GOAL 1: CONNECTING EU WITH YOUTH

Project Name:	
YEUrself	
Mobility	Learning Mobility of Individuals
Organisation	Nature
Country	Belgium
Background	<p>YEUrself is a new opportunity for [disadvantaged] youngsters to let them discover and experience the complexity of Europe, letting them reflect on their experiences and activating them to carry out the European identity. In addition, it strive to ensure that the youngsters, just like most of their peers, can experience a carefree, adventurous and funtastic camp! It is aimed at 27 youngsters between 15 and 18 years old. The target group are youngsters that often don't get the chance to travel through Europe and meet peers.</p> <p>It took place in an international and inclusive atmosphere, with a special focus on environmental awareness and the safety of the participants. Hiking and outdoor activities were used as integral parts of the experiential learning method to reach the objectives</p>
Objectives	<ul style="list-style-type: none">• To give the youngsters the chance to go to the capital of Europe, explore the subject of a European identity and meet youngsters of the same age and similar situation. Its focus is on inviting youngsters to think, reflect and act around the themes of Europe and identity.• To enhance intercultural (European) awareness, a more active participation in society and the practice and improvement of intercultural skills.• To practise and improve language skills, social skills, entrepreneurship and cooperation.
Youth Goals	<ul style="list-style-type: none">• Connecting EU with Youth• Inclusive Societies• Information & Constructive Dialogue• Space and Participation for All

GOAL 1: CONNECTING EU WITH YOUTH

Project Name:	
After Corona - Do we have to reinventing Europe?	
Mobility	Learning Mobility of Individuals
Organisation	Schloß Trebnitz Bildungs- und Begegnungszentrum e.V.
Country	Germany
Background	<p>From 14-20 May 2022, 50 young people aged 15-16 from Germany, Poland and the Czech Republic came together in Trebnitz for the "Creative Europe" project. The meeting was based on our experiences as well as the needs of the young people and was based on a long-standing project partnership between the partners involved. Five team members familiar with the topic and the method discussed the project in advance together with the responsible teachers/leaders of the partner organisations and then accompanied and evaluated the learning process in the project. In the project we combined the content "Sustainable Europe" with the learning method "European Election Workshop" and a mix of creative learning activities.</p>
Objectives	<p>The project used activating methods to strengthen participation and active European citizenship of young people and thus contributed to the prevention of exclusion, racism and xenophobia and to the appreciation of diversity and variety in European societies.</p>
Youth Goals	<ul style="list-style-type: none">• Connecting EU with Youth• Information & Constructive Dialogue• Space and Participation for All

**GOAL 2:
EQUALITY
OF ALL
GENDERS**

Project Name:	
Dancing Gender	
Mobility	Learning Mobility of Individuals
Organisation	NaturKultur Bremen e. V.
Country	Germany
Background	<p>Dancing Gender was a youth exchange that was held from 01.02.-11.02.2022. in Osterholz-Scharmbeck, Germany. 36 participants and group leaders from 6 countries participated in it. The youth from Spain, Serbia, Ukraine, Cyprus, Italy, and Germany learned about stereotypical gender roles, the social structure, and the pressures that are implemented due to gender. The main method of the exchange was dance, but also video making and theatre. Participants learned from each other and shared their ideas, experience, knowledge, and talents. Participants experienced different games and simulations during the exchange and planned local events that they organised after returning home. Of the 36 people on the exchange, 16 of them were young people with fewer opportunities.</p>
Objectives	<ul style="list-style-type: none"> • To discover the various understanding of gender roles as a social phenomenon; • To raise awareness of the importance of gender equality; • To identify circumstances leading to gender discrimination; • To understand gender equality as a basic human value; • To establish a strong network of youth willing to work on gender equality matters. • To share cultural dances and movements • To communicate through dance and group work the importance of acceptance of all humans in society, regardless of gender. • To prepare youth for future projects of dance, movement, and empowerment that the participants can implement in their home countries.
Youth Goals	<ul style="list-style-type: none"> • Equality of All Genders • Inclusive Societies • Space and Participation for All

GOAL 2: EQUALITY OF ALL GENDERS

Project Name:	
Escape Gender Inequality	
Mobility	Learning Mobility of Individuals
Organisation	Awesome People
Country	Sweden
Background	<p>This project was a combination of two mobilities: A youth worker mobility project with 20 youth workers from four different countries where participants were trained in the topic of gender equality, the tool of educational escape rooms and how to support young people in creating their own ideas. A youth exchange that included 30 participants + group leaders where the profile of participants was a mix of active members and young people with fewer opportunities. In the youth exchange the participants created 3-4 portable educational escape rooms on the topic of gender equality.</p>
Objectives	<ul style="list-style-type: none">• Enhance youth worker's knowledge and experience of non-formal learning activities related to gender equality and the support of young people's own ideas• Provide space and time for participants (Youth workers and young people) to reflect upon the different aspects of gender equality such as discrimination against girls and young women, traditional gender roles and stereotypes and violence against girls and young women• Upskilling youth work practitioners in the use of educational escape rooms as an effective tool for engaging young people and youth work communities• Encourage young people to become active citizens and take initiative by creating educational escape rooms and implementing public events• Create 3-4 portable educational escape room concepts on the topic of gender equality to spread to the youth work community
Youth Goals	<ul style="list-style-type: none">• Equality of All Genders• Inclusive Societies• Information & Constructive Dialogue

GOAL 3:
INCLUSIVE
SOCIETIES

Project Name:	
Volunteering with children, teenagers and migrants in Associazione Il CE.STO	
Mobility	ESC
Organisation	PECO
Country	Italy
Background	<p>This project is a volunteering experience covered by the European Solidarity Corps programme where the volunteers are involved in the support of the hosting of refugees and asylum seekers: daily management of the relation with them; integration and socialisation activities, such as Italian courses, sport and cultural activities; legal and health support and participation in the support toward job market; participation in volunteering activities with refugees such as social agriculture.</p> <p>They also help in the Luzzati garden management: they have the opportunity to interact with a target of different ages than that of children and assist the staff and volunteers Ce.Sto in cultural and intercultural promotion activities and events. In addition, they support to the Association's promotion activities on social networks and on the "Luzzati Square"</p>
Objectives	<ul style="list-style-type: none"> • To contribute to the creation of a more solidarity based Europe where young people can feel themselves to be participants and real agents of change in the communities in which they work • Encourage and facilitate the participation of children with fewer opportunities in ESC projects. • To offer young people from different European countries an experience of cultural exchange, living with other young people from different countries, leading an autonomous lifestyle and gaining experience in the social sector, offering the possibility to contribute to the local community of Genoa and in particular to people at risk of social exclusion in the city.
Youth Goals	<ul style="list-style-type: none"> • Inclusive Societies • Information & Constructive Dialogue • Space and Participation for All

Project Name:	
INCLUSION TRANSFORMS US	
Mobility	Learning Mobility of Individuals
Organisation	ASOCIACIÓN SAN XEROME EMILIANI
Country	Spain
Background	<p>This project has been implemented by a special education school in order to assume a new role in this context, as agents of transformation and change, becoming a Resource Center that provides advice and support to the ordinary school to guarantee that the attention, well-being and development of students with diversity present in their classrooms is optimal and inclusive.</p> <p>Two mobilities of directive and teaching staff of the Center have been carried out, to know first-hand the experience of two entities of excellence in inclusive education at European level: Agrupamento de Escolas Francisco de Holanda (Portugal) and Guardian Angel Resource Center (Malta). In both cases they have carried out a job shadowing.</p>
Objectives	<ul style="list-style-type: none"> • Provide the management and teaching staff of San Xerome with the knowledge, skills and attitudes necessary to launch a project of change and transformation of the Center, which allows us to go from being a Center for Special Education to being a Resource Center for education inclusive. • Know two realities of excellence at European level in inclusive education, and the steps they have taken to get where they are and be what they are. The third planned has not been possible due to the covid-19 crisis. • Establish alliances with related European entities, to develop joint projects.
Youth Goals	<ul style="list-style-type: none"> • Inclusive Societies • Information & Constructive Dialogue • Quality Employment for All

GOAL 4:

**INFORMATION
AND
CONSTRUCTIVE
DIALOGUE**

Project Name:	
Bridges, not walls! Solidarity	
Mobility	Learning Mobility of Individuals
Organisation	Eurobug, International Youth Work Training and Collaboration Limited
Country	Ireland
Background	<p>This was a follow-up project built on previous youth mobility activities: 'Bridges, not Walls! #Migration (2018) and 'Bridges, not Walls! #Inclusion (2019). This year the focus was on exploring the concept of SOLIDARITY and using the Sustainable Development Goals as a starting point. We used creative workshops and performing arts as a form of campaigning. During this youth exchange young people created a performance that was showcased in two locations: Merkine and Druskininkai.</p> <p>Young people had an opportunity to showcase their performance during a festival in Merkine, which was a powerful experience not only for participants but for the audience too, and also in the city of Druskininkai. This served as a space for the practical implementation of their campaign for solidarity.</p>
Objectives	<ul style="list-style-type: none"> • To create a safe and welcoming environment for young people to discuss the SDG using 'peer to peer educational approach; • To explore the concept of 'solidarity' while building on the knowledge of SDG's; • To use creative arts as a tool to formulate the message of solidarity and as a form for active campaigning; • To create space and conditions for young people to practically implement their campaign and to further learn from this experience.
Youth Goals	<ul style="list-style-type: none"> • Connecting EU with Youth • Information & Constructive Dialogue • Quality Learning • Space and Participation for All

Project Name:	
"My Leadership Path" through Storytelling	
Mobility	Learning Mobility of Individuals
Organisation	SUSHAL HUB SDRUZHENIE
Country	Bulgaria
Background	<p>The project creates context for young people, especially those from marginalised groups, to become active citizens in their communities by strengthening their leadership and decision making skills using non-formal education methodologies.</p> <p>Type of activity: Youth Exchange Venue: Sofia, Bulgaria. Dates: 3-11 June 2022 Countries involved: Romania, Bulgaria, Portugal, Croatia, Greece and Poland. 36 young people from 6 European countries will develop a sense of common responsibility for the future of the local communities as well as the whole European community through non-formal activities during 9 days of mobility and 3 months of dissemination.</p>
Objectives	<p>The present project aims to build the capacity of young people to become active citizens in their communities by strengthening their leadership and decision-making skills using storytelling methodologies.</p> <p>More specific objectives are:</p> <ul style="list-style-type: none"> • Develop the skills of 36 young people during 9 days of activities within the frame of active participation, leadership and decision making through non-formal education activities such as storytelling; • Develop pro-active attitudes among the 36 participants by working together for a common purpose and create an interactive learning space for young people for reflection and new ideas for personal and professional development during 9 days of mobility.
Youth Goals	<ul style="list-style-type: none"> • Connecting EU with Youth • Information & Constructive Dialogue • Quality Employment for All

GOAL 5:

**MENTAL
HEALTH &
WELLBEING**

Project Name:	
Beyond Visible	
Mobility	Learning Mobility of Individuals
Organisation	No Borders
Country	Italy
Background	<p>The project consisted of a 6-day Training Course for youth workers and follow-up activities. During the Training, participants took part in several workshops on body awareness, movement and sensory stimulation, followed by the creation of the Sensory Labyrinth Theatre, which was performed as the final work. During the last day of the training, participants worked in national groups to design and plan local follow-up activities. Some of the organisations recreated the experience in their youth centres, others organised small workshops.</p> <p>There were 22 participants from 11 organisations. The participants from Portugal, Estonia, Poland and Germany were people active in youth work, working in youth clubs or cultural centres, organising and offering activities for young people.</p>
Objectives	<ul style="list-style-type: none"> • To introduce the Sensory Labyrinth Theatre method as a tool for community building and as a tool to be used in youth work; • To increase the self-awareness of participants (youth workers) through body-mind connection and sensory awareness; • To improve empathic and non-verbal communication skills by reaching a deeper level; • To create a performance for local NGOs working with migrants; • Promoting Erasmus+ as a tool for both personal and community growth.
Youth Goals	<ul style="list-style-type: none"> • Inclusive Societies • Information & Constructive Dialogue • Mental Health & Wellbeing • Space and Participation for All

Project Name:	
Team 4 Healthy Life	
Mobility	ESC Teams
Organisation	Associazione Joint
Country	Italy
Background	<p>T4HL foresees 5 groups of short-term (1-2 months) Volunteering Teams coming to Italy across 2022-23, each of them hosted in a different location under the coordination of Joint. We foresee the participation of 72 volunteers, 50% of which with fewer opportunities. Topics covered will be: outdoor life; sustainability; mental health; health prevention and promotion. Volunteers will also support vulnerable groups that were affected by Covid-19 such as the elderly people, children, and people with disabilities.</p>
Objectives	<p>The general aim of the project, in accordance with the priorities set for 2021, is to promote wellbeing and healthy lifestyle both of volunteers and local communities, as all the volunteers will carry activities specifically addressing this aspect. The activities could include one or more among these specific topics, in accordance with each organisation expertise and the needs of the local community:</p> <ul style="list-style-type: none"> - nature and outdoor life - sustainable architecture/eco-building - mental health - harm reduction - preventive healthcare/health promotion - conscious nutrition - support to vulnerable groups such as: the elderly; people with addiction; people with disabilities; people with chronic health issues; people with mental health issues etc.
Youth Goals	<ul style="list-style-type: none"> • Inclusive Societies • Mental Health & Wellbeing • Moving Rural Youth Forward

**GOAL 6:
MOVING
RURAL
YOUTH
FORWARD**

Project Name:	
RuReality	
Mobility	Learning Mobility of Individuals
Organisation	Associazione Joint
Country	Italy
Background	<p>The Exchange consisted of non-formal education activities, workshops, field researches and the writing of ideas was to create social sustainable enterprises. The activity, involving young people from rural areas and cities, was also a way to promote a dialogue between these two worlds. Furthermore, a space was devoted to advocacy and campaigning to promote the potentialities of rural areas. Participants created a toolbox, including the ideas of social enterprises developed during the exchange.</p>
Objectives	<ul style="list-style-type: none"> - Sharing knowledge about different areas facing depopulation in Europe, analysing their problems and potentiality; - Providing young people with practical knowledge on the world of social entrepreneurship and on cooperation, learning to create a sustainable enterprise; - Learning to recognize strengths and weaknesses of a social enterprise or of a cooperative - Learning to listen to the local community, including them in the process of creation of the activities of the enterprise or of the cooperative; - Creating a list of ideas and good practices to be used to create new social enterprises or cooperatives in other rural areas in Europe, but also to improve the existing ones. - Creating a campaign to promote the potentialities of rural areas; - Promoting spirit of initiative among young people; - Promoting the dialogue among young people from rural areas and young people from big urban centres;
Youth Goals	<ul style="list-style-type: none"> • Moving Rural Youth Forward • Quality Employment for All

Project Name:	
SITRA: SUSTAINABILITY IN THE RURAL AREAS	
Mobility	Cooperation for innovation and the exchange of good practices
Organisation	Fjolbrautaskolinn í Gardabae
Country	Iceland
Background	The aim of SITRA was to develop a dedicated, dynamic and interactive educational model, an entrepreneurial camp teaching method, including all the three pillars of sustainability: social, economic and environmental aspects. SITRA aimed at developing an IEE-VET curricula in the form of a Digital Handbook, based on real case studies from the World of Work in the form of workshops for teachers and transnational innovation and entrepreneurial camps for students, where we combined formal, informal and non-formal educational methods, resulting in an innovative teaching and learning module for teachers, students and rural areas in Europe, joining together education, working life and government as the "Golden Triangle".
Objectives	The main objectives of the SITRA project were the following: <ul style="list-style-type: none"> - To increase students' competences through active and creative learning. - To provide education to foster the needs of rural communities in order to enhance their competitiveness and entrepreneurial skills. - To sustain environmental development in rural communities. - To elevate the status of vocational training through innovation and entrepreneurial education (IEE). - To develop VET business partnerships aimed at promoting work-based learning in rural areas.
Youth Goals	<ul style="list-style-type: none"> • Moving Rural Youth Forward • Quality Employment for All • Quality Learning • Sustainable Green Europe

GOAL 7:

QUALITY

EMPLOYMENT

FOR ALL

Project Name:	
Entrepreneurship and Employability Skills through Mobility of VET Learners and Staff	
Mobility	Learning Mobility of Individuals
Organisation	Learning Detours V.A. Ltd
Country	Cyprus
Background	<p>The consortium implemented 27 short-term VET learner mobilities, 6 VET staff mobilities, and 2 Erasmus Pro mobilities, which took place in the Netherlands and Greece, in January 2020 - September 2022.</p> <p>The participants received preparation training in Cyprus; the hosting organisations provided orientation upon arrival in their countries.</p> <p>During the mobilities in the Netherlands and Greece, the students worked on real business cases and developed new/ improved existing business models, which allowed them to test their entrepreneurial thinking and develop leadership, strategic thinking, and teamwork skills.</p>
Objectives	<ul style="list-style-type: none"> • Contribute to the development of employability and entrepreneurship skills of VET students, as well as the ability of VET teachers to influence the development of these skills and competences, by offering an opportunity to acquire experience abroad, improve intercultural communication and language skills, as well as strengthen the self-confidence and independence of students and pedagogical competencies of teachers. • Increase students opportunities and employability, and teachers improve their capacity to transfer knowledge and encourage entrepreneurial thinking of their students.
Youth Goals	<ul style="list-style-type: none"> • Quality Employment for All • Connecting EU with Youth

Project Name:	
EUropean Recognition, Evaluation, Certification and Assessment	
Mobility	Learning Mobility of Individuals
Organisation	The GloRe Network
Country	Italy
Background	European Recognition, Evaluation, Certification and Assessment - EURECA is the first project presented by the international network The GloRe Network, founded in 2017. The network consists of more than 30 international and local volunteer organizations and manages the GloRe certification system (glorecertificate.net).
Objectives	<ol style="list-style-type: none"> 1. Promote the recognition of skills gained in volunteering experiences and more generally in informal or non-formal education settings. 2. Train ESC coordinators and mentors in partners' associations in tutoring and in the recognition, evaluation and certification of the soft skills of ESC volunteers, specifically on: <ul style="list-style-type: none"> • Certification in general and systems to be used with ESC volunteers; • Ability to use them and to carry out successfully the supporting and certification process, in particular with reference to volunteers with fewer opportunities; • Definition of a timely training and tutoring strategy that combines Youthpass and GloRe within the training and support cycle of volunteers 3. Develop and promote innovative methodologies to train other organizations on mentoring, recognition, evaluation and certification of soft skills and on the joint use of Youthpass and GloRe in European volunteering programmes; 4. Foster the creation of partnerships, the expansion of The GloRe Network and the use of the GloRe system by experienced and prestigious organizations active in the European Solidarity Corps.
Youth Goals	<ul style="list-style-type: none"> • Connecting EU with Youth • Quality Employment for All

GOAL 8:
QUALITY
LEARNING

Project Name:	
Cruzando Nuevas Puertas	
Mobility	Learning Mobility of Individuals
Organisation	IES PABLO NERUDA
Country	Spain
Background	<p>The Erasmus + Project "Opening New Doors" facilitated the improvement of the communicative competence of the teachers of IES Pablo Neruda that, at the same time, was also reflected in the students improvement of their skills.</p> <p>A deep analysis of the needs of the school has been made by the teaching staff through many area and departmental meetings. The main conclusions reveal that, apart from the linguistic updating, there are other training needs that will constitute the basis for our objectives as well as the nature of the activities we have planned for this project.</p>
Objectives	<ul style="list-style-type: none"> • To improve the teachers linguistic competence and to acquire tools for designing CLIL materials for bilingual teaching, which is now fully implemented in our school. • To promote the European dimension of our organization through the knowledge and appreciation of the European Cultural and Artistic Heritage. We believe in the importance of this European spirit, so we will give prominence to the sense of belonging to Europe and will promote what Europe can do for our students' personal and professional future. • The acquisition of motivating and innovative methodologies to make teaching more attractive for teachers and more interesting for students. This would mean placing the students at the center of the learning process to promote learning by motivation and to avoid school failure and school dropout
Youth Goals	<ul style="list-style-type: none"> • Quality learning • Connecting EU with Youth • Space and Participation for All

Project Name:	
Waste Upcycling Tour	
Mobility	Cooperation for innovation and the exchange of good practices
Organisation	No Borders
Country	Italy
Background	<p>The W_UP tour will be implemented in each partner country and it will involve between 10 and 15 foreign participants travelling with 5 to 6 youth workers from the consortium. The Tour will last 14 days and will be focused on waste upcycling for entrepreneurial activities. During the trip the participants will discover the local context on waste management together with local community and stakeholders dealing with it, like experts, local NGOs, public institutions and local people, to perform educational activities with young people, campaigns and workshops on waste upcycling</p>
Objectives	<p>The aim of the project is to create a mobility scheme, labelled W_UP Tour, to support young people and non-profit organisations to develop entrepreneurial activities on waste upcycling both in Europe and in Asia. These mobilities will be defined as a mixture of raising awareness tours and change-making actions organised by 3 European and 3 Asian non-profit organisations working on the field, with the purpose of:</p> <ul style="list-style-type: none"> • Offering quality-learning experiences to international participants; • Raising awareness at international and local level on waste issues; f • Financially support non-profit organisations and local communities through social entrepreneurship; • Help the local community to manage better manage the waste
Youth Goals	<ul style="list-style-type: none"> • Sustainable Green Europe • Inclusive Societies • Quality Learning • Space and Participation for All

**GOAL 9:
SPACE AND
PARTICIPATION
FOR ALL**

GOAL 9: SPACE AND PARTICIPATION FOR ALL

Project Name:	
Tiktok...Time for Stories	
Mobility	Learning Mobility of Individuals
Organisation	Associazione Joint
Country	Italy
Background	<p>The project “TikTok...Time for Stories” aims at creating communication tools and strategies useful for those youth workers and organisations that want to use social media as tools to actively involve young people – especially those with fewer opportunities – in social and educational activities. To achieve this, we will start by analysing, together with a group of teenagers, the way in which they themselves use social media and the kind of narrations they use.</p>
Objectives	<ul style="list-style-type: none">- Providing young people with a space where to discuss and confront about the topic of social media;- Providing young people with theoretical and practical knowledge on digital storytelling, fake news and campaigning;- Promoting, among young people, social media as tools for social commitment, involving them in the creation of content and campaigns;- Providing organisations, working with young people, and youth workers with general tools and competences on social media, with a focus on Instagram and Tik Tok, in order to reach young people;- Creating tools and strategies, useful for organisations and youth workers, in order to reach and involve young people in social and volunteer activities, through social media;- Promoting among organisations and institution, inside and outside the partnership, the use of social media as a tool for inclusion and involvement;- Promoting good practices like the active involvement of young people in the creation of the online campaigns of the organisations;
Youth Goals	<ul style="list-style-type: none">• Space and Participation for All• Youth Organisations & European Programmes

GOAL 10:

**SUSTAINABLE
GREEN
EUROPE**

Project Name:	
Best Way No Waste	
Mobility	Learning Mobility of Individuals
Organisation	Associazione Joint
Country	Italy
Background	<p>The project “Best way: no waste!” aspires to raise the awareness of 30 youngsters coming from Italy, Spain, Romania, North Macedonia and Poland about the topic of waste and more specifically food waste. Thanks to the participation in this Youth Exchange, the participants will get closer to the idea that the best waste is the one that is not produced. Also, the concept that what for some people can be considered waste for others is a good resource. The Youth Exchange will be based, then, in the exchange of good practices against waste and food waste.</p>
Objectives	<ol style="list-style-type: none"> 1.- Create awareness about waste and food waste specifically: develop strategies to reduce food waste. 2.- Motivate participants to develop values of respect and environmental protection: give them the tools to get closer to a zero-waste lifestyle. 3.- Show strategies of redistribution of food that can be still used, using as an example the activities of the Recup association in Milano. 4.- Promote the concept of individual responsibility for a social change: create awareness on how putting into action individual responsibility can create a social impact, putting youngsters in the centre of the change. 5.- Show how traditional recipes can go together with ethics, cooking classic recipes from different countries with recuperated food. 6.- Foster an exchange of traditions and costumes between the communities and participant countries: not only among the people of the project, but also the local community.
Youth Goals	<ul style="list-style-type: none"> • Sustainable Green Europe • Inclusive Societies • Quality Learning

Project Name:	
Back2Nature	
Mobility	Learning Mobility of Individuals
Organisation	ECOATIVO - Associação de Protecção e Conservação da Natureza
Country	Portugal
Background	<p>The programme consists of a wide range of group dynamics activities based on non-formal and outdoor education;</p> <ul style="list-style-type: none"> - Six interactive permaculture workshops with the topics of renewable energy, bio-construction, food foresting, composting, nature art, self-care and project design - Intercultural learning activities and organising a public “Multicultural Night” in the village of Paúl, - Exercises supporting personal growth, like self-evaluation, group reflection and sharing circles and journaling; - Open Space sessions. <p>The participants are invited to take part in each stage of the project including planning, preparing, implementing, reporting and disseminating the project results. The participants will be asked to take photos, make videos, write articles and organise school visits / short presentations about the project, the overall experience and developed competences e.g. in their schools or local events.</p>
Objectives	<ul style="list-style-type: none"> • To encourage intercultural interaction, cooperation and creation of long-term connections amongst the participants that will outlive our project and lead future actions together; • To promote sustainability and healthy lifestyles; • Demonstrate how having a harmonious relationships with nature is deeply connected to the well-being of all of us; • To provide opportunities and practical tools for the participants to become active citizens in relation to the environment.
Youth Goals	<ul style="list-style-type: none"> • Sustainable Green Europe • Information & Constructive Dialogue • Mental Health & Wellbeing

**GOAL 11:
YOUTH
ORGANISATIONS
& EUROPEAN
PROGRAMMES**

GOAL 11: YOUTH ORGANISATIONS AND EUROPEAN PROGRAMMES

Project Name:	
Youth for Europe	
Mobility	Support for policy reform
Organisation	Associazione Joint
Country	Italy
Background	<p>Youth For Europe aimed at promoting European active Citizenship among young people of Europe. The project dealt with advocacy and youth participation offering to not politically active young people the chance to create policy proposals on Media, Environment and Education/job to improve EU policies. Uploaded on the online platform youthforeurope.eu, the most voted proposals were then presented to the Member of the EU Parliament to get their support and build a structured dialogue with them.</p> <p>Here are the activities: The in-person Kick off meeting; 3 Training courses to train Youth Leaders; 6 Youth Exchanges on Media, Education/job, Environment during which young people elaborated policy proposals; 15 Local Dissemination events after the youth exchanges implemented by the participants; 2 Mid term evaluation meetings; 2 months of Y4E Series of Talks: a digital strategy to build structure dialogue in Covid time; An Evaluation meeting online to evaluate the project results and impacts.</p>
Objectives	<p>Aim: Promote young people's participation in European public life through NFE, international mobilities and local events about Europe. Objectives reached: Staff officers and youth leaders trained to facilitate NFE activities; young people provided with knowledge and interest about the EU policies and how to improve them; awareness of young people, local communities and general public on policy proposals and EU policies raised; dialogue among young people, policy makers and NGOs established.</p>
Youth Goals	<ul style="list-style-type: none">• Connecting EU with Youth• Information & Constructive Dialogue• Space and Participation for All• Youth Organisations & European Programmes

GOAL 11: YOUTH ORGANISATIONS AND EUROPEAN PROGRAMMES

Project Name:	
Global Youth Advocacy	
Mobility	Cooperation for innovation and the exchange of good practices
Organisation	Associazione Joint
Country	Italy
Background	<p>Global Youth Advocacy (GYA) aimed at increasing the active participation of young people and youth NGOs in the political field through Advocacy (AD). Our understanding of AD in this project was the development of strategies for active participation that should trigger change in society through campaigns and initiatives, aiming at influencing decision making processes. This project aimed to develop training modules for NGOs in the field of advocacy through non formal education. The project involved 3 European and 3 Latin American Organisations with experience in active participation and change making. Moreover, each partner involved local stakeholders.</p>
Objectives	<ul style="list-style-type: none">• Implement non formal education and popular education methodologies on Advocacy and use of artistic and creative methods• Provide partners and local stakeholders the capacity to manage and facilitate YEs on AD using NFE and methodologies derived from art and theatre, following E+ YE model• Build the capacity of partners and young people to implement AD campaigns and local TCs training them on:• Increase the capacity of partners to interact & transparently influence policy & decision making process and implement a strategy to reinforce their local network• Provide young people, half of them with fewer opportunities, with positive learning experience based on NFE, intercultural learning and active participation using creative and artistic methods• Promote the project outcomes through local events, website, social media, booklet, videos
Youth Goals	<ul style="list-style-type: none">• Information & Constructive Dialogue• Youth Organisations & European Programmes

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